

NEST DAILY ROUTINE

- 8.00 Morning care in Swan nursery
- 8.45 Nest children to own room
- 9.00 Morning session begins. Free play, children to choose toys.
- 9.50 Prepare drinks and snack i.e. fruit.
- 10.00 Drink and snack time
- 10.30 Outside play
- 11.00 Music time and nappy changes
 - Quiet activities/sleep time
 - Puzzles/boxed games
 - Books, story time.
- 11.45-12.00, a.m. only children get ready to go home,
full day children wash hands and get bibs on for lunch.
Get highchairs set up.
- 12.00 Lunch in Nest room

- 1.00 Afternoon session begins
 - Full day children, sleep or rest
 - p.m. children quiet activity (as above)
- 2.00- 3.00 Outing time or art activity and
free play, children to choose toys
- 3.00 Drinks and snack
- 3.15 Nappy change and music time
- 3.30 Playground
- 4.00 Aftercare in Nest room.

These times may vary according to the needs of the children:-
i.e. extra nappy changes, drinks, sleeps and length of outings.